

Dear Parents of Student Athletes,

Great River Health Systems would like to invite you to participate in a way to raise money for your school! By combining the expertise of staff in the clinics in Mediapolis and Wapello with the skills of the athletic training staff from our Athletic and Performance Center, we can offer your son or daughter one of the most comprehensive athletic physicals in the area and half of the proceeds will go back to your school!

The nurse practitioner and physician assistants from the clinics will provide a sports physical that includes vision, vitals and general health. Certified athletic trainers will conduct flexibility, strength and joint-stability tests. Besides providing an overall assessment of an athlete's health, the physical may help detect potential problems that could lead to an injury. If such a problem is discovered, they will provide your son or daughter with an exercise/rehabilitation plan to address the concern. If necessary, they also will make appropriate referrals to other health-care providers.

Great River Health Systems will donate 50 percent of the \$30 physical fee to the athlete's school for use in the athletic department. Athletes do not need to have their physicals in the community in which they attend school. They will identify which school they attend when they have their physical, and this school will receive half of their physical fee.

Physicals will be provided during the following dates and times at two clinics. Please call the clinic of your choice to schedule an appointment for your son or daughter. In order to expedite the process at the time of the sports physical, please complete a physical form prior to your arrival (available at the school), and cash or check for \$30.00. These are sports physicals only, insurance will not be filed. If you are having other problems or need to file with your insurance please let the clinic staff know when you call for the appointment so it can be scheduled during regular office hours. Parents, if you will not be attending the physical with your child, please fill out the form below and send it with your child.

**Mediapolis Clinic-(319) 394-3177**

Tuesday, July 7th, 1 to 4:30

Thursday, August 13th, 8 to 12

**Wapello Clinic (319) 768-4090 or 888-377-7791**

Wednesday, July 15<sup>th</sup>, 8 to 12

Wednesday, August 5<sup>th</sup>, 1-4:30

Sincerely,

GREAT RIVER HEALTH SYSTEMS

I give the staff of Great River Health Systems permission to examine my son/daughter for the purpose of an athletic physical.

---

Student's Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_